



Tools for Parents[©]

Richmond Community Services Inc. is pleased to be able to offer **FREE groups with FREE childcare** For parents/primary carers of children 0-12years

Calendar July 2018—June 2019

Workshop/Group:	Date(s):	Time(s):
Tackling Sibling Rivalry	Weds 25th July 2018	10am - 12.30pm
Encouraging Kids Development & Self Esteem	Weds 22nd August 2018	6.30-9pm
Communication Skills for Couples	3 weeks ongoing Saturdays: 25th August, 1st & 8th September 2018	10am - 12.30pm
Kids Sleeping Well - Tactics for Parents	Weds 12th September 2018	10am - 12.30pm
Helping Kids Deal with Anger	Weds 26th September 2018	10am - 12.30pm
Healthy Anger Skills for Parents	3 weeks ongoing Saturdays: 20th, 27th October & 3rd November 2018	10am - 12.30pm
Toddler Behaviour—Tactics for Parents	Weds 17th October 2018	6.30-9pm
Helping Your Baby Flourish	Weds 14th November 2018	10am - 12.30pm
Supporting Your Kids Through Loss & Grief	Weds 27th February 2019	10am - 12.30pm
Conflict Resolution for Couples	3 weeks ongoing Saturdays: 2nd, 9th & 16th March 2019	10am - 12.30pm
Be A Great Dad	Weds 27th March 2019	6.30 - 9pm
Aggression in Kids—Help for Parents	Weds 10th April 2019	10am - 12.30pm
Managing Kids Challenging Behaviours	3 weeks ongoing Saturdays: 4th, 11th & 18th May 2019	10am - 12.30pm
Beating Bullying	Weds 8th May 2019	10am - 12.30pm
Helping The Anxious Child	Weds 29th May 2019	6.30 - 9pm

All held at: Richmond Neighbourhood Centre
20 West Market Street, Richmond, NSW 2753
Call 02 4588 3502 e: admin@rcsi.ngo.org.au
...making a difference...



The project is funded by the Australian Government's continuation funding of the 'Tools for Parents' project — to provide free workshops and ongoing courses designed to help parents/primary carers of children 0—12 years develop better relationships between themselves and with their children —and to enhance parenting skills. Richmond Community Services Inc. purchases group and workshop facilitation from Windsor Professional Centre and childcare services from Hawkesbury Community Outreach Mobile Minders Service for the project and is delighted to offer them free to participants.