



Tools for Parents®

Richmond Community Services Inc. is pleased to be able to offer **FREE groups with FREE childcare** For parents/primary carers of children 0-12years

Calendar July 2021—June 2022

Workshop/Group:	Date(s):	Time(s):
Kids Sleeping Well—Tactics for Parents	Weds 21st July 2021	10am - 12.30pm
Communication Skills for Couples	3 weeks ongoing Saturdays: 7th, 14th & 21st August 2021	10am - 12.30pm
Encouraging Kids Development & Self-esteem	Weds 18th August 2021	6.30 - 9pm
Tackling Sibling Rivalry	Weds 15th September 2021	6.30 - 9pm
Toddler Behaviour—Tactics for Parents	Weds 13th October 2021	10am - 12.30pm
Keeping Your Cool with Your Kids	3 weeks ongoing Saturdays: 9th, 16th & 23rd October 2021	10am - 12.30pm
Talking & Listening with Your Kids	Weds 3rd November 2021	6.30 - 9pm
Be A Great Dad	Weds 24th November 2021	6.30 - 9pm
Helping the Anxious Child	Weds 23rd February 2022	10am - 12.30pm
Early Parenthood & Its Challenges	2 weeks ongoing Saturdays: 5th & 12th March 2022	10am - 12.30pm
Building Emotional Intelligence in Your Kids	Weds 2nd March 2022	6.30 - 9pm
Encouraging & Teaching Resilience for your Kids	Weds 6th April 2022	6.30 - 9pm
Supporting Parents & Kids Through Separation	2 weeks ongoing Saturdays: 7th & 14th May 2022	10am - 12.30pm
Navigating Your Childs Anxiety Through Primary School	Weds 4th May 2022	6.30 - 9pm
Be A Great Dad	Wednesday 18th May 2022	6.30 - 9pm
Beating Bullying	Wednesday 1st June 2022	6.30 - 9pm

At: Richmond Neighbourhood Centre, 20 West Market Street, Richmond, NSW 2753.

To book in call: 02 4588 3502 or e: admin@rcsi.ngo.org.au

The project is funded by the Australian Government's continuation funding of the 'Tools for Parents' project — to provide free workshops and ongoing courses designed to help parents/primary carers of children 0—12 years develop better relationships between themselves and with their children —and to enhance parenting skills. Richmond Community Services Inc. purchases group and workshop facilitation from Windsor Professional Centre and childcare services from Hawkesbury Community Outreach Mobile Minders Service for the project—and is delighted to offer them free to participants.

...making a difference...

