



Tools for Parents[®]

Richmond Community Services Inc. is pleased to be able to offer **FREE** groups with **FREE** childcare For parents/primary carers of children 0-12years

Calendar July 2020—June 2021

Workshop/Group:	Date(s):	Time(s):
Encouraging Kids Development & Self-Esteem	Weds 22nd July 2020	10am - 12.30pm
Keeping Your Cool with Your Kids	3 weeks ongoing Saturdays: 25th July, 1st & 8th August 2020	10am - 12.30pm
Beating Bullying	Weds 5th August 2020	10am - 12.30pm
Kids Sleeping Well—Tactics for Parents	Weds 2nd September 2020	10am - 12.30pm
Tackling Sibling Rivalry	Weds 16th September 2020	10am - 12.30pm
Healthy Anger Skills for Parents	3 weeks ongoing Saturdays: 17th, 24th & 31st October 2020	10am - 12.30pm
Toddler Behaviour—Tactics for Parents	Weds 21st October 2020	6.30 - 9pm
Talking & Listening with Your Kids	Weds 4th November 2020	10am - 12.30pm
Be A Great Dad	Weds 18th November 2020	6.30 - 9pm
Thriving Babies—Strategies for Parents	Weds 24th February 2021	10am - 12.30pm
Conflict Resolution for Couples	3 weeks ongoing Saturdays: 6th, 13th & 20th March 2021	10am - 12.30pm
Aggression in Kids—Help for Parents	Weds 10th March 2021	6.30 - 9pm
Helping the Anxious Child	Weds 24th March 2021	6.30 - 9pm
Helping Kids Deal with Anger	Weds 21st April 2021	10am - 12.30pm
Managing Challenging Behaviours in Kids	3 weeks ongoing Saturdays: 24th April, 1st & 8th May 2021	10am - 12.30pm
Supporting Kids Through Grief & Loss	Weds 5th May 2021	6.30 - 9pm
Be A Great Dad	Weds 19th May 2021	6.30 - 9pm

All held at: Richmond Neighbourhood Centre, 20 West Market Street, Richmond, NSW 2753.

Call 02 4588 3502 e: admin@rcsi.ngo.org.au.

The project is funded by the Australian Government's continuation funding of the 'Tools for Parents' project — to provide free workshops and ongoing courses designed to help parents/primary carers of children 0—12 years develop better relationships between themselves and with their children —and to enhance parenting skills. Richmond Community Services Inc. purchases group and workshop facilitation from Windsor Professional Centre and childcare services from Hawkesbury Community Outreach Mobile Minders Service for the project—and is delighted to offer them free to participants.

...making a difference...

