



Richmond Community Services Inc. in partnership with Windsor Professional Centre is pleased to be able to offer a **FREE 4 week ongoing group for primary school kids aged 7-9years**

Calm Kids

For primary school children 7—9 years old dealing with Anxiety

Strategies for keeping cool and dealing with stress at home, in school and life. Fun, helpful skills to practise and use in everyday life.

- * **Support**
- * **Social and Communication Skills**
- * **Managing Emotions.**

**4 x Mondays—3.30-5pm:
14th, 21st & 28th May and 4th June 2018**

BOOKING ESSENTIAL! 02 4588 3502

Email: admin@rcsi.ngo.org.au

**At: Richmond Neighbourhood Centre
20 West Market Street, Richmond, NSW 2753**

.....making a difference....

