



Tools for Parents[©]

Richmond Community Services Inc. is pleased to be able to offer a **FREE 3 week group with FREE childcare** For parents/primary carers of children 0-12years

Conflict Resolution for Couples

In this ongoing group couples will learn how to approach conflict in a constructive way, how to negotiate mutually acceptable solutions, break communication blocks and negative patterns of relating, recognise unhelpful learned behaviours from family of origin and develop healthy ways forward.

We strongly encourage both partners to attend.

This is an ongoing 3 week group and participants must be able to attend all 3 dates.

3 x Saturdays—10am—12.30pm

6th, 13th & 20th March 2021

BOOKING ESSENTIAL! 02 4588 3502

Email: admin@rcsi.ngo.org.au

**At: Richmond Neighbourhood Centre
20 West Market Street, Richmond, NSW 2753**

....making a difference...

The project is funded by the Australian Government's continuation funding of the 'Tools for Parents' project — to provide free workshops and ongoing courses designed to help parents/primary carers of children 0—12 years develop better relationships between themselves and with their children —and to enhance parenting skills. Richmond Community Services Inc . purchases group and workshop facilitation from Windsor Professional Centre and childcare services from Hawkesbury Community Outreach Mobile Minders Service for the project and is delighted to offer them free to participants.

