



Tools for Parents®

Richmond Community Services Inc. is pleased to be able to offer a
FREE 2 week group with FREE childcare
For parents/primary carers of children 0-12years

Early Parenthood & Its Challenges

This group will look at topics on:

- What to expect with your new baby
- Challenges faced by new mums and dads
- Child development birth – toddler years
- Adjusting to a new home environment
- Sibling adjustment strategies
- Tips for positive parenting
- Self-Care for new Parents

2 Saturdays 5th & 12th March 2022
10am-12.30pm

BOOKING ESSENTIAL! 02 4588 3502

Email: admin@rcsi.ngo.org.au

At: Richmond Neighbourhood Centre
20 West Market Street, Richmond, NSW 2753

....making a difference...

