



Tools for Parents[©]

Richmond Community Services Inc. is pleased to be able to offer a **FREE** group with **FREE** childcare
For parents/primary carers of children 0-12years

Encouraging & Teaching Resilience for Kids

As parents we want the best for our kids, in the world we live in today, building resilience in your child is key to confidence and strength. In this workshop you will learn strategies on how to teach and encourage resilience in your kids.

- Identify what is resilience and its importance
- How to encourage the characteristics needed to build resilience
- Effective strategies for parents to raise a resilient child

Wednesday 6th April 2022—6.30-9pm

BOOKING ESSENTIAL! 02 4588 3502

Email: admin@rcsi.ngo.org.au

At: Richmond Neighbourhood Centre

20 West Market Street, Richmond, NSW 2753

...making a difference...



The project is funded by the Australian Government's continuation funding of the 'Tools for Parents' project — to provide free workshops and ongoing courses designed to help parents/primary carers of children 0—12 years develop better relationships between themselves and with their children —and to enhance parenting skills. Richmond Community Services Inc. purchases group and workshop facilitation from Windsor Professional Centre and childcare services from Hawkesbury Community Outreach Mobile Minders Service for the project and is delighted to offer them free to participants.

