



We are pleased to offer this  
**FREE 3 hour workshop** with  
**FREE childcare** to parents / primary carers  
of children 0—18 years

# First Aid Tips for Parents



**Note: this is a non-accredited course**  
**Limited spaces—BOOKING ESSENTIAL!**

How would you feel if your child was seriously  
injured or unwell? Would you know what to do?  
Would you feel helpless?

In our 3 hour Parents' First Aid course by  
**CITADEL FIRST AID** we cover management of:



- **Unconscious babies/children**
- **Non-breathing babies/children**
- **Bleeding and burns**
- **Asthma attacks**
- **Allergic reactions**
- **Bites and sting**
- **Fits/seizures**
- **Poisoning**
- **Burns**
- **Bleeding**
- **Choking**



**Tuesday 24th October 2017, 9.30am—12.30noon**

At: Richmond Community Services Inc., 20 West Market Street, Richmond.

**BOOKING ESSENTIAL!** Call 02 4588 3555, e: [admin@rcsi.ngo.org.au](mailto:admin@rcsi.ngo.org.au)

