



We are pleased to offer this
FREE 3 hour workshop with
FREE childcare to parents / primary carers
of children 0—18 years

First Aid Tips for Parents



Note: this is a non-accredited course
Limited spaces—BOOKING ESSENTIAL!

How would you feel if your child was seriously
injured or unwell? Would you know what to do?
Would you feel helpless?

In our 3 hour Parents' First Aid course by
CITADEL FIRST AID we cover management of:



- **Unconscious babies/children**
- **Non-breathing babies/children**
- **Bleeding and burns**
- **Asthma attacks**
- **Allergic reactions**
- **Bites and sting**
- **Fits/seizures**
- **Poisoning**
- **Burns**
- **Bleeding**
- **Choking**



Tuesday 29th October 2019, 9.30am—12.30noon

At: Richmond Community Services Inc., 20 West Market Street, Richmond.
BOOKING ESSENTIAL! Call 02 4588 3502, e: admin@rcsi.ngo.org.au



...making a difference...