



Tools for Parents[©]

Richmond Community Services Inc. is pleased to be able to offer a **FREE** group with **FREE** childcare

For parents/primary carers of children 0-12years

Helping Kids Deal with Anger

Anger is a normal emotion -the challenge can be how to deal with it in a way that is safe for us and others.

We will look at how to help your children acknowledge and experience their anger and express it in a productive and helpful way.

Wednesday 26th September 2018

10am—12.30pm

BOOKING ESSENTIAL! 02 4588 3502

Email: admin@rcsi.ngo.org.au

**At: Richmond Neighbourhood Centre
20 West Market Street, Richmond, NSW 2753**

....making a difference...



The project is funded by the Australian Government's continuation funding of the 'Tools for Parents' project until June 2017— to provide free workshops and ongoing courses designed to help parents/primary carers of children 0—12 years develop better relationships between themselves and with their children —and to enhance parenting skills. Richmond Community Services Inc . purchases group and workshop facilitation from Windsor Professional Centre and childcare services from Hawkesbury Community Outreach Mobile Mindsers Service for the project and is delighted to offer them free to participants.