



Parent Connect Group

FREE GROUP FOR DADS & MUMS OF CHILDREN
AGED 0—8YRS WITH FREE CHILDCARE



This facilitated group is for parents in the Hawkesbury caring for children aged 0-8yrs who have limited contact with other parents or are new to the Hawkesbury . The group strives to break isolation and be a vehicle for developing friendships through meeting regularly to share common experiences and gain information that strengthens participants capacity to parent effectively. The group will operate in the centre from 10am -12noon fortnightly on Mondays during school terms with free childcare provided by RCSI through Hawkesbury Community Outreach. Through the group participants will:

- Enjoy uninterrupted parent to parent adult company
- Give children an opportunity to play with other children without parents present
- Build relationships that sustain parents outside group time
- Plan and enjoy discussions and activities of interest to parents
- Learn information relevant to parenting and local services

Dates the group will operate in 2020 Terms 3 and 4 on
MONDAYS 10am—12 noon:



Term 3

27th July – Healthy Relationship Skills

10th August -Cup Cake Decorating

24th August – Dad chat & cards

7th September – Favourite Recipe Share

21st September – Recycling Craft for Kids

Term 4

12th October – Relaxation/Meditation

26th October – Fun with Clay

9th November – Tips for Chaos free Homes

23rd November – Xmas craft

7th December – Xmas Party



To register and **book childcare** please call
Carol on 4588 3504

or email : familysupport@rcsi.ngo.org.au

...making a difference...

