



Richmond Community Services Inc. in partnership with Windsor Professional Centre is pleased to be able to offer a **FREE** group for parents/primary carers

Supporting Your Teen Through High School



Going to high school is a challenging time for many young people, particularly those who have disabilities or have experienced major change in their family life. This group strengthens the confidence of parents to support their teens in this new stage of life. The group will cover:



- Transitioning skills from primary to high school
- Developmental tasks of adolescence
- Helping your child with peer friendships and confidence
- Addressing bullying and homework concerns
- Communicating effectively with school authorities
- Where to get extra help



Weds 21st February 2018—6.30-9pm

BOOKING ESSENTIAL! 02 4588 3555

Email: admin@rcsi.ngo.org.au

**At: Richmond Neighbourhood Centre
20 West Market Street, Richmond, NSW 2753**

