



Tools for Parents[©]

Richmond Community Services Inc. is pleased to be able to offer **FREE groups with FREE childcare** For parents/primary carers of children 0-12years

Calendar March 2016—June 2017

Conflict Resolution for Couples	3 x Saturdays -5th, 12th, 19th March	10am—12.30pm
Kids Sleeping Well – Tactics for Parents	Wednesday 9th March	10am—12.30pm
Developing Kids Social Skills	Wednesday 23rd March	6:30 – 9pm
Aggression in Kids-Help for Parents	Wednesday 4th May	6:30 – 9pm
Solo Parenting	3 x Saturdays - 21st, 28th May, 4th June	10am—12.30pm
Making Step-families Work	Wednesday 1st June	6:30 – 9pm
Talking and Listening with Your Kids	Weds 27th July	10am – 12.30
Healthy Anger Skills for Parents	3 x Saturdays 30th July, 6th & 13th August	10am – 12.30
Beating Bullying	Weds 24th August	6.30 – 9pm
Helping Babies Flourish	Weds 21st September	10am – 12.30
Keeping Your Cool with Your Kids	3 x Saturdays 15th, 22nd & 29th October	10am – 12.30
Be A Great Dad	Weds 19th October	6.30-9pm
Supporting Your Kids Through Loss & Grief	Weds 16th November	6.30-9pm
Helping Your Kids Deal with Anger	Weds 30th November	6.30-9pm
Tackling Sibling Rivalry	Weds 22nd February 2017	6.30-9pm
Couples Communication	3 x Saturdays 11th, 18th & 25th March 2017	10am – 12.30
Encouraging Kids Development & Self-Esteem	Weds 22nd March 2017	10am – 12.30
Helping The Anxious Child	Weds 3rd May 2017	6.30-9pm
Managing Challenging Behaviours	3 x Saturdays 6th, 13th & 20th May 2017	10am – 12.30
Aggression in Kids – Help for Parents	Weds 10th May 2017	6.30-9pm

**All held at: Richmond Neighbourhood Centre
20 West Market Street, Richmond, NSW 2753
Call 02 4588 3555 e: admin@rcsi.ngo.org.au**

The project is funded by the Australian Government's continuation funding of the 'Tools for Parents' project until June 2017— to provide free workshops and ongoing courses designed to help parents/primary carers of children 0—12 years develop better relationships between themselves and with their children —and to enhance parenting skills. Richmond Community Services Inc . purchases group and workshop facilitation and childcare services for the project and is delighted to offer them free to participants.

